



HELICA BIOSYSTEMS, INC.
HIGH SENSITIVITY HUMAN C-REACTIVE PROTEIN
FOR RESEARCH USE ONLY (Not for in vitro diagnostic use)

INTENDED USE

The Helica™ C-reactive protein assay is intended for the detection and quantification of human C-reactive protein (CRP) in human serum. C-reactive protein is an acute-phase protein produced by the liver in conditions of inflammation, bacterial infection, or tissue trauma. Quantification of CRP is useful in determining inflammatory conditions difficult to diagnose and to monitor the patients' response to treatment.

CLINICAL RELEVANCE

C-reactive protein is synthesized in the liver following tissue damage caused by inflammation, infection, or trauma. It is considered to be an important acute phase marker in such conditions.

PRINCIPLE OF THE TEST

Human sera for testing are diluted to 1:4,000 and allowed to react with antibodies coated on specially treated micro-wells. After appropriate incubation, the wells are washed to remove unreacted serum proteins, and an enzyme-labeled rabbit anti-human CRP (conjugate) is then added to react with and tag the antigen-antibody complexes. Following another incubation period, the wells are again washed to remove unreacted conjugate. A urea peroxide substrate with TMB as chromogen is added to start color development. Development of a blue color indicates a positive reaction while negative reactions appear colorless or with a trace of blue. The reaction is interrupted with a stop solution that turns the blue positive reactions to yellow. Negative reactions remain colorless or with a hint of yellow. Color intensity (absorbance) is read at a wavelength of 450nm on a spectrophotometer or ELISA reader. Semi-quantification of absorbance can be accomplished by the use of a standard curve generated by measuring two-fold dilutions of the standard provided.

MATERIALS SUPPLIED

The Helica™ C-Reactive Protein kit supplies sufficient materials for 96 determinations.

1. CRP ELISA microplate

96-well plate containing an affinity purified rabbit anti-human CRP-IgG and packaged with desiccant, ready to use.

2. Conjugate (100x) 0.13 mL

Concentrated affinity-purified horseradish peroxidase (HRP)-labeled rabbit anti-human CRP-IgG with stabilizers and a preservative. Protect from light.

3. CRP Standard, 1.0ug/mL (100X), 0.13 mL

Human serum with elevated CRP concentration. Serially dilute in three-fold dilutions four times, diluting the provided Standard 1:100 for the first standard.

4. Wash Buffer, 1 packet

Phosphate-buffered saline (PBS) with Tween 20, pH 7.4 and 0.05% Tween 20 when reconstituted to 1L with distilled water.

5. TMB Substrate, 12 mL

A solution containing urea peroxide and 3,3', 5,5'-tetramethylbenzidine (TMB) supplied in a protective opaque bottle. Ready to use. Protect from light. Non-carcinogenic.

6. Stop Solution, 12 mL

Diluted phosphoric acid. Ready to use.

MATERIAL REQUIRED BUT NOT SUPPLIED

1. Distilled or deionized (purified) water
2. Clean 250 or 500 mL wash bottle for wash buffer.
3. Test tubes or microtiter plate for preparing standard dilutions.
4. Precision pipette(s) (2uL to 1000uL) for making and delivering dilutions.
5. Adhesive cover for microplates.
6. ELISA reader equipped with a 450nm filter. A program for data reduction would be helpful.

PREPARATION AND STORAGE OF REAGENTS

Helica™ C-reactive protein kit components should be stored at 2-8°C. Bring them to room temperature (20-25°C) before opening bottles and plate pouches. Diluted conjugate remaining after use should be discarded. TMB substrate and stop solution are also stable at room temperature.

PRECAUTIONS

1. DO NOT INTERCHANGE COMPONENTS BETWEEN KITS AND DIFFERENT LOTS OF THE SAME TEST.
2. The standard serum and conjugate have not been screened for infectious agents. Since no testing can assure the absence of infectious agents, however, these reagents, as well as the serum specimens and equipment coming in contact with these specimens, should be handled with good laboratory practices to avoid skin contact and ingestion.
3. Do not use components past expiration date.
4. HRP-labeled conjugate and TMB-substrate are photosensitive and are packaged in a protective opaque bottle. Store in the dark and return to storage after use.

SPECIMEN COLLECTION AND PREPARATION

Blood samples should be collected using approved venipuncture techniques by qualified personnel. Allow sample to clot and separate serum by centrifugation. Transfer serum aseptically to a tightly closing sterile container. Store at 2-8°C. Alternatively, plasma extracted from blood drawn in heparin, EDTA, or ACD-containing tubes is acceptable. If testing is to be delayed longer than 5 days, freezing the sample at -20°C or colder is recommended.

ASSAY PROCEDURE

PROCEDURAL NOTES

IMPORTANT: Bring kit components to room temperature (20-25°C) before opening bottles and plate pouches. Allow at least 30 minutes for this process.

TEST PROCEDURE

1. Prepare wash buffer by adding 1 packet of powder to 1L of distilled water.
2. Prepare the standards as follows:
 - **Standard #1 = 10ng/mL:** Dilute provided standard 1:100 , e.g. 1 unit of standard plus 99 units of wash buffer.
 - **Standard #2 = 3.33ng/mL:** Dilute Standard #1 three-fold, e.g. 1 unit of standard #1 plus 2 units of wash buffer.
 - **Standards #3 = 1.11ng/mL, standard #4 (0.37ng/mL) and standard #5 (0.12ng/mL)** are prepared by serial three-fold dilutions following standard #2.
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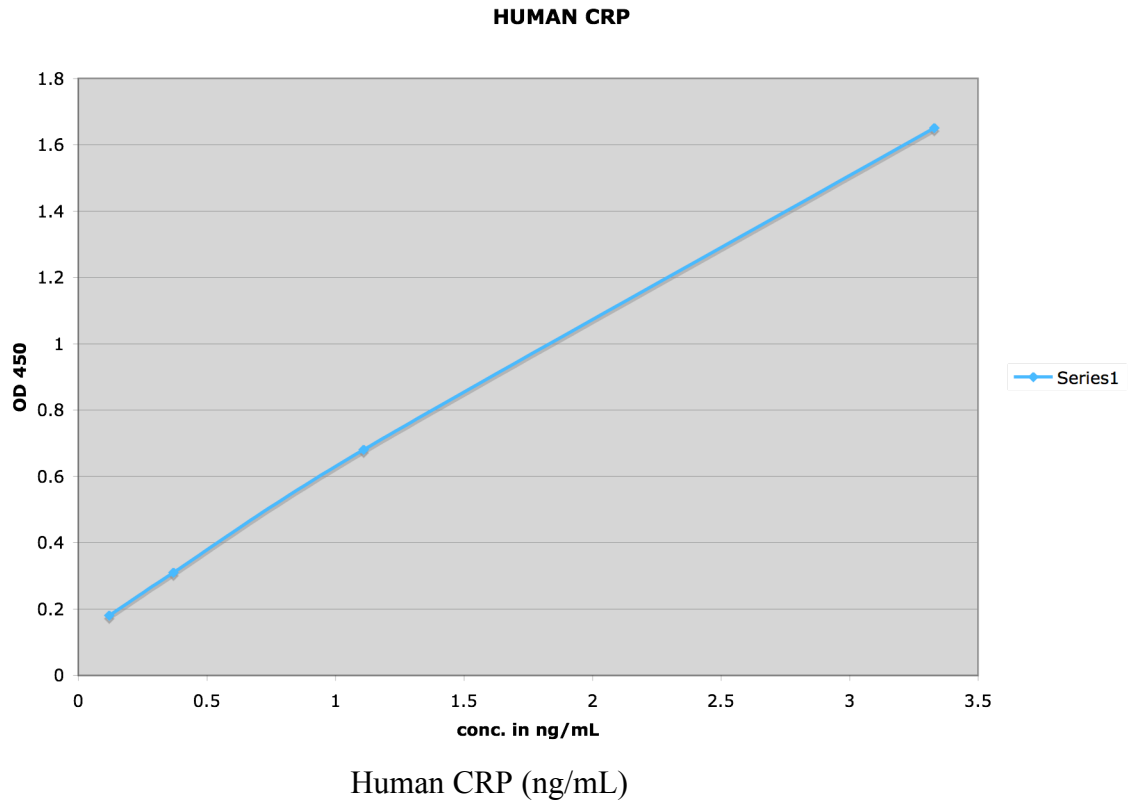
Please consider the following dilution scheme as a guide

Standard #	Concentration	Volume Transferred	Diluent Volume	Total Volume	Final Volume
1	10.0 ng/mL	2 µL	198 µL	200 µL	(after dilutions) 140 µL
2	3.33 ng/mL	60 µL	120 µL	180 µL	120 µL
3	1.11 ng/mL	60 µL	120 µL	180 µL	120 µL
4	0.37 ng/mL	60 µL	120 µL	180 µL	120 µL
5	0.12 ng/mL	60 µL	120 µL	180 µL	180 µL

3. Sample preparation at 1:4,000: a) First, dilute each serum sample 1:1,000 as follows: into a dilution vial, add 2mL of wash buffer. To this, add 2uL of serum. b) Then, dilute 1:4 by adding 1 part of a 1:1,000 sample to 3 parts wash buffer. E.g. 100 µL sample dilution to 300µL buffer.
4. Add 100ul to each well and incubate at ambient temperature for 30 minutes. Record the location for later reference.
5. Wash plates 4 - 5 times with a gentle stream of wash buffer from a wash bottle or a plate washer. Tap plates on a stack of absorbent paper towels to remove residual buffer.
6. Dilute stock conjugate (100x) to the desired working dilution (1x) with the PBS-T buffer, e.g. to 5 mL buffer, add 50uL stock conjugate.
7. To each microwell, add 100ul of conjugate.
8. Cover plate and incubate for 30 minutes at ambient temperature (20-25°C).
9. Wash plate as in step 5.
10. To each microwell, add 100uL TMB/substrate solution and allow reaction to proceed at ambient temperature for 5 - 10 minutes. A blue color indicates a positive reaction.
11. Stop reaction by adding 100uL of Stop solution to each well. Reaction mixture turns from blue to yellow.
12. Read absorbance (OD) on a microplate reader equipped with a 450nm filter. A differential filter of 630 nm can also be used. Construct standard curve and read off values for patient samples or unknowns. Multiply values by 4 to get actual serum concentration in ug/mL.

RESULTS

TYPICAL CALIBRATION CURVE



Standard Curve used in the measurement of human CRP in serum

LIMITATIONS

Lipemic sera may interfere with specific antibody reaction.

QUALITY CONTROL

Routinely run at least two controls each giving values at the top or bottom regions of the standard curve respectively. An occasional prozone may be encountered in sera with high CRP values. In this situation, due to antigen excess, all the CRP available may not have reacted with the conjugate. Therefore, test at higher dilution, e.g. 1:16,000 and 1:64,000 to obtain more accurate results.

EXPECTED VALUES

A study performed on 59 sera from healthy humans showed a range of < 3.8 ug/mL (<3.8mg/L) CRP in serum. Similar results are expected on plasma. Data on urine and other fluids is not available.

PERFORMANCE CHARACTERISTICS

REPRODUCIBILITY

Inter-assay reproducibility (2 plate lots)	
tested 12 times	
ng/mL	CV (%)
10.0	3.5
3.33	4.7
1.11	5.0
0.37	6.0

Intra-assay reproducibility (tested 12 times)	
ng/mL	CV (%)
10.0	2.8
3.33	4.6
1.11	3.5
0.37	4.2

SENSITIVITY

The Helica™ human CRP assay is designed to detect elevated levels of CRP. The following data was produced to generate data on the sensitivity of the assay and maybe useful in research applications where sensitivity parameters need to be defined.

Assay
Sensitivity n=12

Sample	Mean [OD]	Standard Variation	Detection Limit [ng/ml]
1	.059	0.005	0.20 ng/mL

CROSS REACTIVITY

Rabbit CRP	Partial sequence homology reported
Canine CRP	Partial sequence homology reported

References:

1. Danesh, J., et.al. C-Reactive Protein and Other Circulating Markers of Inflammation in the Prediction of Coronary Heart Disease. *N. Engl. J. Med.* 2004; 350: 1387 – 1397
2. Rifai N. and Ridker, P. C-Reactive Protein, A New and Strong Predictor of Cardiovascular Disease. *Clin. Lab. News.* 2001; 27: 12-14.
3. Pepys M.B. and Hirschfield G.M. C-Reactive Protein: A Critical Update. *J. Clin. Invest.* 2003; 111 :1805-12.
4. Volanakis J.E. Human C-reactive Protein: Expression, Structure, and Function. *Mol. Immunol.* 2001; 38:189-97.
5. Chen, K. et. Induction of Leptin Resistance Through Direct Interaction of C-reactive Protein with Leptin. *Nature Medicine* 2006;12:425 - 432

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v.04, Oct. 2007